



BLOOM BEAUTY & WELLNESS SPA  
 4 BROMMAERT AVENUE CONSTANTIA CPT  
 PO BOX 441 CONSTANTIA 7848  
 bookings@bloombeauty.co.za  
 bookings : 083 642 2916 (WhatsApp/ SMS)  
 accounts : 083 452 2916 (WhatsApp/ SMS)  
 www.bloombeauty.co.za  
[www.facebook.com/bloombeautycpt](http://www.facebook.com/bloombeautycpt)

<b>CLIENT INFORMATION &amp; HEALTH HISTORY</b>							
All information provided below is kept fully confidential by our team & used only for the purposes of providing appropriate and suitable beauty therapy & wellness care							
CONTACT INFO							
NAME							
BIRTH DATE							
ADDRESS							
SUBURB							
CITY		POSTCODE					
CELL NO		May we send you promo info?	YES	NO			
EMAIL							
REFERRED BY							
HEALTH INFORMATION							
Is this your first professional massage / beauty therapy?			YES	NO			
If no, how frequently do you receive a massage?							
If no, how frequently do you receive a mani- or pedicure?							
What other therapies have you tried? (detail below)							
Are you under a doctor or other health practitioner's care?			YES	NO			
If yes, please give a brief description:							
Please check any of the conditions below which may apply to you:							
<input type="checkbox"/>	Headaches	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Smoking	<input type="checkbox"/>	High Blood Pressure
<input type="checkbox"/>	Phlebitis	<input type="checkbox"/>	Varicose Veins	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	Low Blood Pressure
<input type="checkbox"/>	Pregnancy	<input type="checkbox"/>	Bruise Easily	<input type="checkbox"/>	Pace Maker	<input type="checkbox"/>	Poor Circulation
<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	Skin Conditions	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Heart Disease
<input type="checkbox"/>	Painful Menstruation	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>	Sinus Infection	<input type="checkbox"/>	Heart Attack
<input type="checkbox"/>	Alcohol Use	<input type="checkbox"/>	Drug Use	<input type="checkbox"/>	Insomnia	<input type="checkbox"/>	Cancer
<input type="checkbox"/>	Painful Joints / Bursitis	<input type="checkbox"/>	Fybromyalgia	<input type="checkbox"/>	Oedema	<input type="checkbox"/>	Rash / Skin Irritation
<input type="checkbox"/>	Open Wounds	<input type="checkbox"/>	Nut Allergies	<input type="checkbox"/>	Other Allergies	<input type="checkbox"/>	Other
If Other or Other Allergies please detail							



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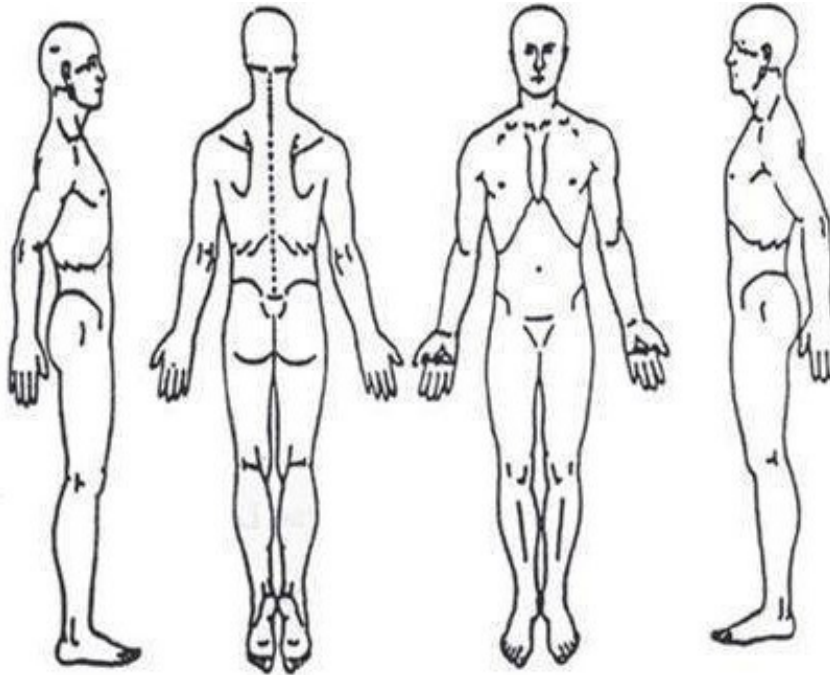
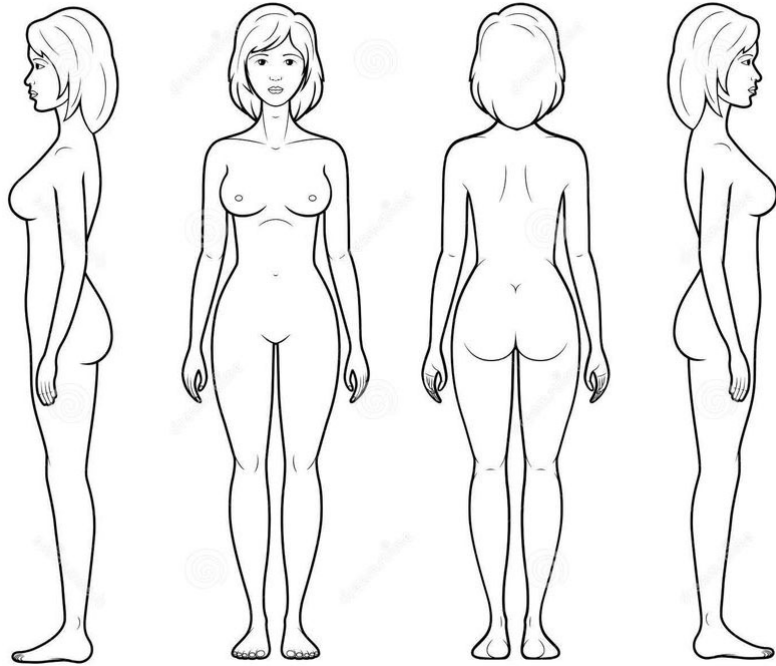
Please describe any surgeries, hospitalizations, accidents or injuries you have had, and any open or healing wounds:	
Please list any medications you are currently taking: (specifically anti-inflammatory, pain killers, muscle relaxers, and blood thinners)	
Describe the nature of the pain – is it local, does it radiate outward, is there a position of comfort, or restriction of movement?	
When did the “problem” start?	
What has helped relieve the “problem”?	
What are your expectations for your session today?	
Other health conditions or comments:	
<p>By signing this document, I, (please print your name) _____, understand that this is a confidential medical history and that all medical records and conversations with my therapist will remain private. Advice from the therapist is non-medical and does not replace seeing a doctor. I also understand that my therapist will only work within her scope of practice, that I have the right to ask my therapist not to massage any part of my body I am not comfortable having massaged, and that this massage is for the purposes of relaxation and the relief of stress and muscular tension. I give my consent for my therapist to treat me.</p> <p>I also agree that by using the services of Bloom Beauty &amp; Wellness on the premises, I do so fully at my own risk, and by entering the premises and using said services, I hereby indemnify the owners, their agents and therapists of all claims of loss or injury, howsoever arising</p>	
SIGNATURE	
DATE	



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Preferred Pressure	Light	Medium	Deep	?
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Please circle areas that you feel need extra work. **CROSS OUT** any areas you would like to be avoided.



SIGNATURE: \_\_\_\_\_